Year 8 Ingredients lists Year 8 Recipe book - **All ingredients in red text can be provided by school**	***Recipes and dates can be found on google classroom and the Gillotts website.***
Burgers (choose either recipe) Burgers recipe Bread roll recipe	**Toad in the hole** Toad in the Hole recipe
100g lean minced beef, lamb, pork or turkey 1/4 red onion 1 egg Black pepper Flour for dusting ***Optional:*** chilli, garlic, herbs to flavour **Spicy bean burgers** 1 slice of bread ½ onion 1 green chilli 400g tin red kidney beans 1 tsp ground chilli powder 1 tsp dried mixed herbs **Make your own bread roll at home to serve - Yr 7 recipe** ***Container to take home in***	70g plain flour Pinch of salt 2 eggs 100ml milk 4 tbsp's oil 12 uncooked cocktail sausages **or** 6 chipolatas **or** quorn sausages ***Container to take home in***
Bolognese Spaghetti bolognese recipe	**Cakes experiment - looking at functions of ingredients**
1 onion 1 clove garlic 1 celery stick 1 carrot 1 tbsp oil 250g minced beef **or** quorn 400g tin chopped tomatoes 1 tbsp tomato puree 1 tsp mixed herbs Black pepper Fresh basil ***Container to take home in***	***School provides all ingredients***
Fresh pasta - served with ragu sauce brought from home TAGLIATELLE PASTA Ragù pasta sauce recipe	**Pizza (using remainder of ragu sauce)** Pizza recipe
100g '00' pasta flour or plain flour 1 egg 1 tbsp oil **Make this at home and bring in a portion for your pasta practical and pizza practical** 200g tin tomatoes ½ onion ½ carrot 1 garlic clove ¼ tsp sugar 1 tbsp oil Salt and pepper ***Freeze in freezer bags***	250g strong bread flour 1x 7g sachet fast acting yeast ¼ tsp salt 1 tsp sugar 80g hard cheese grated **Toppings of your choice:** ham, pepperoni, pepper, mushrooms **Homemade ragu sauce** for the tomato topping. ***Large Container to take home in***
Chocolate Brownies Chocolate Brownies recipe	**Drop sponge sandwiches** Drop sponge sandwiches
135g margarine/butter 150g plain dark cooking chocolate 2 eggs 100g caster sugar 75g muscovado sugar 100g plain flour 1 tsp vanilla essence Pinch of salt ***Container to take home in***	1 egg 25g caster sugar 25g self raising flour ½ pinch of salt 2 tablespoons jam 100ml double or whipping cream ***Container to take home in***

Christmas Practical - Chocolate truffles **Chocolate truffles recipe**	
20 digestive biscuits 125g butter 200g condensed milk 2 tbsp cocoa 125g desiccated coconut 1 packet of chocolate flavour strands or coloured strands (or desiccated coconut), for rolling ***Container to take home in***	