| Year 8 Ingredients lists Year 8 Recipe book All ingredients in red text can be provided by school | Recipes and dates can be found on google classroom and the Gillotts website. |
| :---: | :---: |
| Burgers (choose either recipe) Burgers recipe Bread roll recipe | Toad in the hole Toad in the Hole recipe |
| 100 g lean minced beef, lamb, pork or turkey <br> $1 / 4$ red onion <br> 1 egg <br> Black pepper <br> Flour for dusting <br> Optional: chilli, garlic, herbs to flavour <br> Spicy bean burgers <br> 1 slice of bread <br> $1 / 2$ onion <br> 1 green chilli <br> 400 g tin red kidney beans <br> 1 tsp ground chilli powder <br> 1 tsp dried mixed herbs <br> Make your own bread roll at home to serve - Yr 7 recipe Container to take home in | 70 g plain flour <br> Pinch of salt <br> 2 eggs <br> 100 ml milk <br> 4 tbsp's oil <br> 12 uncooked cocktail sausages or 6 chipolatas or quorn <br> sausages <br> Container to take home in |
| Bolognese Spaghetti bolognese recipe | Cakes experiment - looking at functions of ingredients |
| 1 onion <br> 1 clove garlic <br> 1 celery stick <br> 1 carrot <br> 1 tbsp oil <br> 250 g minced beef or quorn <br> 400 g tin chopped tomatoes <br> 1 tbsp tomato puree <br> 1 tsp mixed herbs <br> Black pepper <br> Fresh basil <br> Container to take home in | School provides all ingredients |
| Fresh pasta - served with ragu sauce brought from home TAGLIATELLE PASTA Ragù pasta sauce recipe | Pizza (using remainder of ragu sauce) Pizza recipe |
| 100 g ' 00 ' pasta flour or plain flour <br> 1 egg <br> 1 tbsp oil <br> Make this at home and bring in a portion for your pasta practical and pizza practical <br> 200 g tin tomatoes <br> $1 / 2$ onion <br> $1 / 2$ carrot <br> 1 garlic clove <br> $1 / 4$ tsp sugar <br> 1 tbsp oil <br> Salt and pepper <br> Freeze in freezer bags | 250 g strong bread flour <br> $1 \times 7 \mathrm{~g}$ sachet fast acting yeast <br> $1 / 4$ tsp salt <br> 1 tsp sugar <br> 80 g hard cheese grated <br> Toppings of your choice: ham, pepperoni, pepper, mushrooms <br> Homemade ragu sauce for the tomato topping. <br> Large Container to take home in |
| Chocolate Brownies Chocolate Brownies recipe | Drop sponge sandwiches Drop sponge sandwiches |
| 135g margarine/butter <br> 150 g plain dark cooking chocolate <br> 2 eggs <br> 100 g caster sugar <br> 75 g muscovado sugar <br> 100 g plain flour <br> 1 tsp vanilla essence <br> Pinch of salt <br> Container to take home in | 1 egg <br> 25 g caster sugar <br> 25 g self raising flour <br> $1 / 2$ pinch of salt <br> 2 tablespoons jam <br> 100 ml double or whipping cream <br> Container to take home in |

Christmas Practical - Chocolate truffles
Chocolate truffles recipe
20 digestive biscuits
125g butter
200 g condensed milk
2 tbsp cocoa
125 g desiccated coconut
1 packet of chocolate flavour strands or coloured strands (or desiccated coconut), for rolling
Container to take home in

