

PSHE curriculum topics

Theme	Year 7	Year 8	Year 9	Year 10	Year 11
Careers	Careers advisor talk What is school all about?	Reflection on how students can develop their skills and how this links to careers Gender stereotyping	Careers advisor talk GCSE options and how they link to potential 'dream jobs'/ career paths	Post 16 destinations Mock interviews	Taster day at The Henley College
Health and Wellbeing	Healthy Choices: Sleep, exercise, personal hygiene, immunisations and smoking	What is health? Exploring physical and mental health Body image	The effects of drugs - physical and mental	Physical health including: Self checks and sexual health Mental health	Dealing with emergencies First Aid
Relationships and Sex Education (RSE)	Dealing with bullying within school Cyberbullying	Family - pressures, range of lifestyles and roles of family members LGBT Bereavement	Healthy relationships Consent Contraception	Forms of prejudice and discrimination Diversity Tolerance	Healthy relationships Viewing indecent images Consensual sex Sexual assault

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Living in the Wider World	Types of business Workers' rights	Prejudices: Sexism, Racism, Disability	Fair Trade Gambling	Discrimination and intolerance Terrorism and extremism	Business environment Preparing for work
Citizenship	Human Rights	Budgets and finance Refugees and immigration	Young people and the law Criminal justice system County lines	Types of government United Nations	Democracy British government Voting system